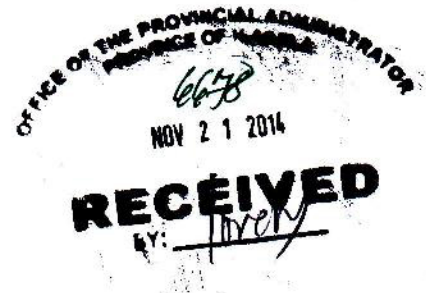




Republic of the Philippines  
PROVINCE OF ISABELA  
City of Ilagan

Office of the Provincial Health Officer II  
Field Health Services



November 21, 2014

**Atty. Noel Manuel R. Lopez, CPA**  
Provincial Administrator  
Province of Isabela

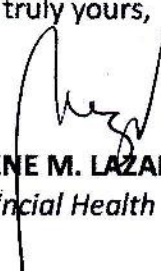
Sir,

Warm Greetings!

Respectfully submitting the salient activities of our office covering the period November 3-14, 2014, herein attached for posting to the provincial website.

Thank you and God Bless.

Very truly yours,

  
**ARLENE M. LAZARO, MD, MSPH**  
Provincial Health Officer I





# ISABELA – FREE EBOLA

**CAUAYAN CITY, ISABELA** - As partners in their mutual vision to provide better health for all, the DOH Region 2 and Provincial Health Office Field Health Services under the steadfast leadership of Dr. Rosa Rita B. Mariano PHO II and Dr. Arlene M. Lazaro PHO I, attended the *Interim Guidelines on Prevention and Control of Ebola Virus Disease* by the Regional Health Office II (RHO2) **last October 18, 2014 at the Parish Pastoral Center, Cauayan City, Isabela**. This activity was intended for all DOH public facilities composed provincial and local health workers and stakeholders to fight for the Prevention and Control of Ebola Virus Disease. The **objectives** of this event were:



- (1) To provide surveillance standard case definition.
- (2) To establish flow of reporting and mechanism for coordination.
- (3) To identify roles and functions of reporting entities, and
- (4) To provide procedures for fill-out of reporting form.

**Dr. Rio L. Magpantay**, ROD Department of Health Regional Office II, discusses about the "Surgical Protocol for possible or Confirmed Ebola Cases" he accentuates the ways on how to prevent this disease.



***Ebola Virus Disease (EVD)*** is a viral hemorrhagic fever and one of the most virulent viral diseases known to humankind. The virus is transmitted to people from wild animals and spreads in the human population through person-to-person transmission. Person-to-person transmission by means of direct contact with infected persons or their body



fluids/secretions is considered the principal mode of transmission. The patient becomes contagious once they begin to show symptoms such as; headache, vomiting, anorexia/loss of appetite, bloody diarrhea, lethargy, Hiccups, stomach pain, Aching muscles or joints, difficulty swallowing, breathing difficulties, bleeding from gums, and bleeding into skin (purpura), eyes and urine. The incubation period ranges from 2 days-21 days.

In foreseeing the detrimental outcomes, the Provincial Health Office Field Health Services in collaboration with Department of Health intends to disseminate the information concerning this dreadful case that has currently been spreading in West Africa which now has a case fatality rate of 50%-60%. Prompt management of infection, Isolation procedures, case supervision linked to Ebola Virus Disease (EVD) will be the key and substantial elements to prevent disease occurrence.



*Dr. Rosa Rita B. Mariano PHO II, gives her earnest appreciation to the Department of Health Regional Office II for organizing the "Interim Guidelines on Prevention and Control of EBOLA VIRUS DISEASE(EVD)", she reiterates "We as health care providers must have the appropriate knowledge all the time thus ensuring our safety, more so to provide adequate and suitable health care assistance to our patients.*



*The actual demonstration of Personal Protective Equipment (PPE) from donning to removing.*



## **“National Nutrition Council Region 2 Recognizes Province of Isabela in the 2014 Regional Nutrition Awarding Ceremony”**

**PEÑABLANCA, CAGAYAN** - The National Nutrition Council – Region 02 successfully conducted the 2014 Regional Nutrition Awarding Ceremony (RNAC) at *Valley Hotel, Alimanao Hills, Peñablanca, Cagayan* last *October 10, 2014*.

The said event was made to honor various individuals and Local Government Units (LGUs) who have made an exemplary performance in Nutrition Program management in their respective communities.

Luckily, four (4) LGUs and BNS of the Province of Isabela honored and received awards during the 2014 Regional Nutrition Awarding Ceremony for the good practices and implementing nutrition program in their areas.

*Hon. Jose Marie L. Diaz, City Mayor of Ilagan and the members of City Nutrition Committee, as they received their award as Regional Green Banner.*



The National Nutrition Council Region 2 conferred the **City Green Banner Award** to the **City of Ilagan, Isabela**. Hon. Jose Marie L. Diaz, City Mayor of Ilagan and Chairperson of City Nutrition Committee, presented the fruits of their commitment in nutrition for the year 2013.

*The Consistent Regional Outstanding Winner in Nutrition (CROWN) Award is given to the Cauayaños headed by Hon. Edwin Lucas, SB on Health and its City Nutrition Committee members.*





Likewise, NNC-Region 02 also recognized the **Cauayan City, Isabela** for its **1st Year Maintenance in Consistent Regional Outstanding Winner in Nutrition (CROWN) Award**. The Crown Maintenance Award is given to a municipality, city, or province that has been adjudged by the National Nutrition Evaluation Team as Outstanding in the implementation of its nutrition action plan for more than three consecutive years.

*Ms. Henedina Cabrera, Nutritionist Dietitian III and Ms. Eleonor Purisima, Population Development Officer III receives the award on behalf of the Municipality of Jones.*



On the other hand, NNC-Region 02 also recognized the **Municipality of Jones** as the **Most Outstanding Municipality of Isabela** in the region. They were also awarded as **Best Implementer in Promote Good Nutrition – Infant and Young Child Feeding Program** together with the **Municipality of San Mateo, Isabela**.

During the event, NNC awarded **1<sup>st</sup> Place for Regional Outstanding Barangay Nutrition Scholar** to **Ms. Ronely S. Marania of Brgy. Canan, Cabatuan, Isabela**. She received a plaque of recognition and a cash prize of Php 25,000.

Ms. Marania, in her message, shared their various activities and programs on good nutrition. She expressed her gratitude to their barangay captain, Barangay Nutrition Committee, and other barangay officials with whom their efforts contributed much to her achievement. In addition, she was also conferred last October 21, 2014 in the National Nutrition Awarding Ceremony at Philippine International Convention Center, Pasay City, and Manila as **1<sup>st</sup> Runner-Up National Outstanding Barangay Nutrition Scholar**.



*"Walang imposible kung mahal mo at tapat ka sa iyong trabaho," Ms. Marania stated during her message. She was beaming with pride on her roles as BNS in her barangay.*



# ***“Manual of Operation (MOP) TRAINING for Rural Health Midwives”***

**GAMU, ISABELA** – Last *October 28-30, 2014*, the Provincial Health Office in partnership with the Department of Health Region 2 conducted the 2<sup>nd</sup> batch of participants on the Training on the Revised Manual of Procedures (MOP) for Rural Health Midwives at *Piazza Zicarelli Hotel & Restaurant located at Upi, Gamu Isabela*. RHM's of the municipalities of Burgos, Gamu, Sta. Maria, Sto. Tomas, Cabagan, Quirino and the City of Ilagan were among the participants. The 4<sup>th</sup> edition of the NTP Manual of Procedures (MOP) was produced and circulated to the different health workers both in the public and private sectors in 2004. There were subsequent trainings conducted to those involved in the National Tuberculosis Program (NTP) services. However, there were several NTP initiatives that happened between 2005-2013 such as Policy issuances of WHO and ISTC , Expanded participation of non-NTP facilities like PPMDs,



hospitals, private clinics and prisons, New initiatives such as intensified case finding, infection control, Roll-out of rapid diagnostic tools, and Development of the 2010 – 2016 Philippine Plan of Action to Control TB (PhilPACT) among others.

*There were also additional vital components such as the following;*

- a) *Integration of Guidelines for the diagnosis and treatment of adult and pediatric TB cases, susceptible and drug-resistant TB cases,*
- b) *Introduction of intensified case finding for vulnerable groups,*
- c) *Inclusion of the new diagnostic tools in the algorithm,*
- d) *Inclusion of new chapters on TB prevention, TB DOTS referral system, and DOTS certification and accreditation and*
- e) *Adoption of records and reports based on new international standards*



**Dr. Arlene Lazaro, PHO-I & Provincial NTP Medical Coordinator delivering her Welcome & Inspirational message to the participants.**



*Ms. Agnes Lelina,  
NTP Medical  
Technology.  
Coordinator  
during her lecture  
on Case Finding.*



*Ms. Victoria Ocampo,  
PHO Nurse facilitated  
participants from group  
4 during workshop on  
Case Holding.*

Thus, the 5<sup>th</sup> edition of the NTP Manual of Procedures (MOP) was revised, because of these changes there is a need to train the health personnel specially Rural Health Midwives (RHMs) to keep them updated and they must provide TB diagnostic, treatment and counselling services to patients in accordance with this MOP to ensure that TB patients get cured, duration of TB transmission is reduced and poor treatment outcomes are prevented.

The objectives of the training were to be familiar with changes in the new MOP, understand its implications in their TB-related technical assistance and capable to participate in the roll out of the MOP orientation. Specifically, to:

- a) *Discuss the changes in the definition of terms, policies and procedures as reflected in the new MOP,*
- b) *Accomplish the various forms for recording and reporting, including the new indicators, and to Explain and appreciate the relevance of revising the MOP.*



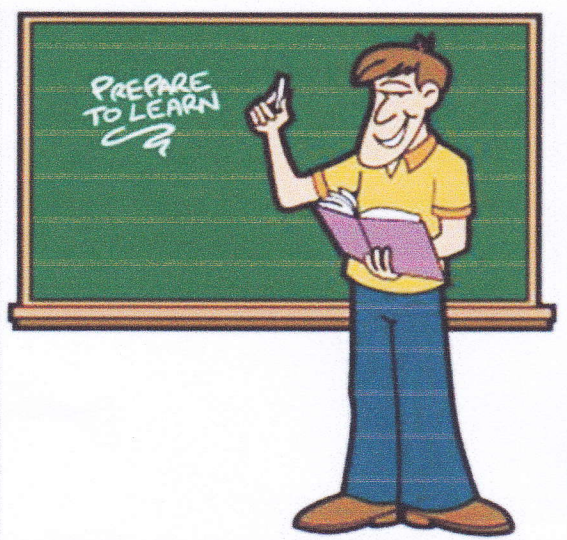
*Participants  
listen  
attentively  
during  
lecture  
discussion.*

*Participants  
actively  
participated  
during their  
workshop on  
Case Finding.*





# “PRE MARRIAGE COUNSELING (PMC) TRAINING ON THE REVISED PMC MANUAL FOR PMC COUNSELORS”



**TUGUEGARAO CITY, CAGAYAN** – The Commission on Population Region 02 in partnership with the Department of Health Region 02 conducted 3-day training on Pre Marriage Counseling (PMC) intended

for PMC Counselors last **November 5 – 7, 2014 at the Casa Angela Hotel, Tuguegarao City, Cagayan**. Participants include staff from Municipal/City Social Welfare and Development (M/CSWD), Municipal/City Population Office (M/CPO), Local Civil Registry (LCR) and Department of Agriculture (DA) from different LGUs of Isabela comprising of Angadanan, Cordon, Jones, Mallig, Naguilian, Quezon, Reina

Mercedes, San Agustin, San Mariano City of Ilagan and Santiago City. Representatives from Diffun, Province of Quirino were also present during the training. The Provincial Population Office (Isabela) was also represented in the person of Ms. Maria Victoria C. Ocampo, Nurse.



*Commission on Population Regional Director Mr. Angelito S. Obcena during his welcome remarks*



*Ms. Betty B. Tamaray from Department of Agriculture Region 2 lectures on Home Management.*



*Ms. Remy Peleo, Family Planning Program Manager from DOH Region 02 discusses on Human Sexuality.*



Marriage signifies the love and unity of a man and a woman, and forms the foundation of the family, the basic unit of society. The sacred bond also embodies a huge responsibility of the couple toward themselves, their future children, their community, and the whole nation. Thus, the objective of this training is to capacitate PMC counselors to guide engaged couples in learning about marriage and relationship, human sexuality, maternal and child health, family planning, responsible parenthood and home management. Process of Accreditation as PMC Counselor was also discussed as well as how to advocate for LGU budget to sustain PMC Sessions.

Return demonstration and Action Planning were done at the end of the training session to ensure its proper implementation.



*A sample return demonstration executed by Mrs. Vicky Ocampo, Nurse 1 from PHO-Isabela.*



# "MR-OPV Catch-up"

**TUGUEGARAO CITY, CAGAYAN** – The Provincial Health Office Field Health Services fully participated in the *Meeting and Planning Workshop on Catch-up Immunization Activities* held at Hotel Carmelita, Tuguegarao City last November 6 – 7, 2014. The purpose of this activity is to ensure that a comprehensive and standardized plan for the mobilization of health workers for the upcoming catch-up activities will be formulated basing from the outcome of the recent Measles, Rubella and Oral Polio Vaccine Mass immunization last September 2014. This intends to orient the health providers regarding different catch-up strategies not only to Improve the immunization status of all children in the region but to ensure also that no children ages 12-23 months will be missed.



*Dr. Brian Galapia Regional EPI Coordinator talks about "Linking Mass Immunization to Routine Immunization and presentation of Consolidated RCA and Workshop Catch up Activity Presentation of Plans.*

*Dr. Grace Delim Provincial Health Team Leader of Cagayan shares the experiences about the recent Mass Immunization Activity.*



This activity was instigated mainly for the motive of feed backing regarding the Mass Immunization of Measles-Rubella Oral Polio Vaccine where the participants had an open discussion about their good practices which could possibly improve the program in the long run. In addition to this, the group also discoursed about the nuisances and glitches they encountered during the implementation phase.



*Open forum of every municipalities regarding experiences and insights about the Measles Rubella Oral Polio Mass Immunization*



In line with this event, the Department of Health also included amendments concerning Memorandum No. 2012-0157 dated May 31, 2012 entitled "*Administration of Rotavirus Vaccine for Infants*" and "*Immunization on Pentavalent (5 in 1) Vaccine for infants and children with Incomplete/Missed dose*". The coverage is from "All infants 6weeks to 15weeks old identified in the National Household Targeting System list by the Department of Social Welfare and Development nationwide. This shall be integrated in the essential vaccination of all infants and children in these priority areas" to "All infants from 1 ½ months or 6weeks old but less than 2 years old. More so, the first dose of ROTAVIRUS Vaccine shall be administered orally to infants aged 6weeks up to 15weeks.



# "Rabies Online Reporting System"

## TUGUEGARAO CITY, CAGAYAN –

The Department of Health-Regional Office II held a 3 day National Rabies Information System (NaRIS) training dated last **November 5-7, 2014 at Villa Blanca, Tuguegarao City, Cagayan**. The System is a patient-based rabies program, accessible to all stakeholders, DOH, DA, WHO, LGUs, RHUs, CHOs, ABTCs, NGOs and the private sectors through the internet. It facilitates data collection, application and utilization and has the capacity to perform drug inventory. Moreover, this training aims to provide the participants working knowledge, skills and attitude to implement the national Rabies Information System in their respective animal bite treatment center health facilities.

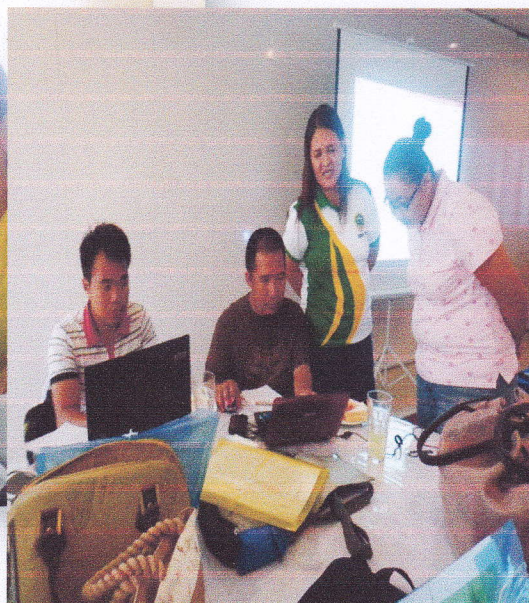
Representatives from the PHOs of Nueva Vizcaya and Isabela, five District Hospitals and RHUs ((Ramon, San Mariano, and San



**DR. EDGAR PELLEO**, Regional Rabies Coordinator, while introducing the National Rabies Control Program.



**Ms. Claire Bunagan**, RO II giving lectures on the overview of the training



Mateo) ) of Isabela, Southern Isabela General Hospital, City Health Offices (Cauayan City 1-2 and Santiago City) and Maddela Quirino all attended the National Rabies Information System (NaRIS) training.

*Ms. Arlene D. Martinez, Nurse and Ms. Precious Dian G. Abiqui, PESU Encoder from PHO Isabela, Mr. Noel Nesson M. dela Rosa, Nurse from GFNDY and Mr. Jericho Fernandez, Encoder from Cauayan District Hospital perform the system while Ms. Claire Bunagan from Regional Office assists our group during the actual encoding of data.*



# "COMPREHENSIVE VACCINE PREVENTABLE DISEASE (VPD) SURVEILLANCE AND RESPONSE TRAINING"

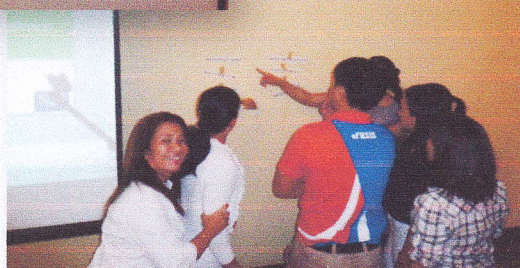


**VIGAN CITY, ILOCOS SUR** – The Isabela Provincial Health Office, joined the Comprehensive Vaccine Preventable Disease (VPD) Surveillance and Response Training last **October 20-24, 2014** which was held in **Vigan City**. The 4-day seminar was attended by participants from the Department of Health and

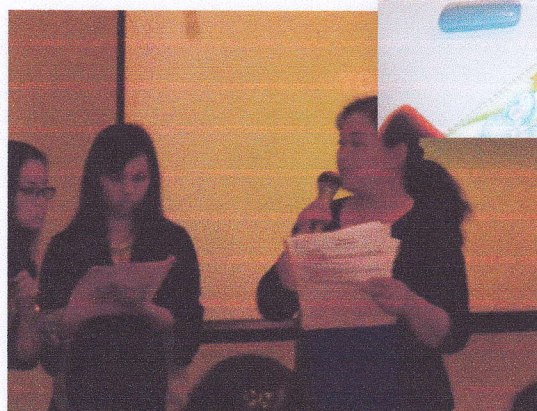
Representatives different representatives from the Local Government Unit.

The objective of this activity is to generally include high routine immunization coverage, supplementary immunization activities (SIAs), high quality disease surveillance, strengthen Vaccine Preventable Diseases Surveillance and Response System in the Country.

*Activity 1- Case Definition of Acute flaccid Paralysis (AFP) measles and neonatal Tetanus.*



In relation to this event the Provincial Health Office aims to fortify its commitment by helping stop the incidence of Poliomyelitis or Acute Flaccid Paralysis, Measles-Rubella and Neonatal Tetanus. Hence, All Vaccine Preventable Diseases (VPDs) must be prioritized. In terms of Polio Eradication, there were no wild polioviruses found worldwide despite intensive surveillance. Measles Elimination means the absence of endemic measles virus transmission for a period of 12 months or more. In the presence of adequate surveillance, the target for Neonatal Tetanus (NT) Elimination is to achieve and maintain less than one NT case per 1,000 live births in every municipality/city every year.



*Activity 2- Identification of cases on Acute flaccid Paralysis, Measles, Neonatal Tetanus using the chart of the patient.*





In line with this event The Provincial Epidemiological Surveillance Unit will probeg on the cases concerning vaccine preventable disease and will make sure that all reported incidences will be promptly assessed.

**Activity 3 – Ms. Arlene D. Martinez “practical exam” regarding the procedure of Nasopharyngeal and oropharyngeal**