



Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

***“Kung may alam si Mommy, Ligtas sila ni baby.”***

Date: November 27, 2017

Venue: Echague Community Center, Isabela

Echague Rural Health Unit has recently conducted Buntis Summit last November 27, 2017 participated by pregnant women, health workers and graced by Local Government Officials of Echague, Isabela. **Buntis Summit** is a promotional activity and advocacy aimed at uplifting the lives of pregnant women and their unborn. Provide education to pregnant women regarding Maternal and Child Health interventions, expanding health consciousness and awareness on the critical significance of ante-natal care, facility-based delivery, post-natal and newborn care. Hence, ensuring safe pregnancy and child birth. As we always believe, *“Kung may alam si Mommy, ligtas sila ni baby.”*

To show support, the Provincial Health Office team attend the said activity and comprehensively talk on safe motherhood, breastfeeding, immunization, family planning, and oral care during pregnancy. Furthermore, a representative from PhilHealth discusses about the benefits of PhilHealth members, its packages, and eligible dependents/ beneficiaries. Highlighting the event is the Search for *Pretty Preggy* where candidates showcased their beauty in their maternity dresses and their wit during the Question and Answer portion. In addition, dental check-up among the pregnant women were also conducted.

To wrap the activity, tokens and gift items were distributed to all dynamic and active participants.



LGU officials grace the event while pregnant women and health workers immensely participate in the Buntis Summit.



Provincial Health Office Program Coordinators share updates on Maternal and Child care.



The Search for Pretty Preggy highlights the activity.

Dental Check- up, part of caring for the pregnant women

Prepared by:

**ANNA KHAREN T. GUILLERMO, RN**  
Nurse II

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III

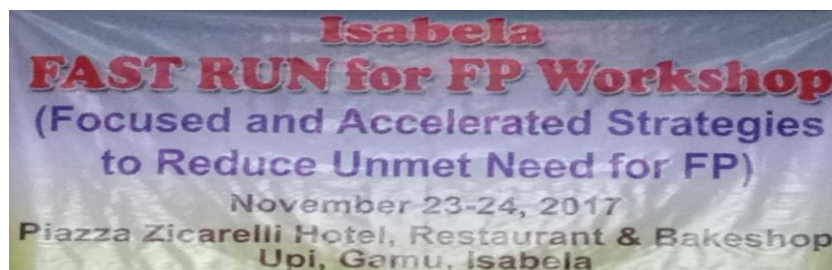


Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

***FAST RUN for FP Workshop***  
***Focused and Accelerated Strategies to Reduce Unmet Need for Family Planning***

Date: November 23-24, 2017

Venue: Piazza Zicarelli Hotel and Restaurant, Upi, Gamu, Isabela



This is a follow-on activity in partnership with LuzonHealth using the **CLA** approach or ***Collaborating, Learning and Adapting*** as new approach to program learning and improvement.

The activity was a two (2) day LGU-wide FP Planning Workshops working with partners to help ensure that efforts are well coordinated, grounded in a strong evidence base, and iteratively adapted to remain relevant throughout implementation.

The workshops aim to achieve the following objectives:

- 1) To enable participants to understand a real variance in FP performance and accomplishments;
- 2) To adapt identified practices that contribute to FP unmet need reduction;
- 3) To develop advocacy plans for issues that require policy actions;
- 4) To identify local priorities and focus for reducing unmet need for FP;
- 5) To develop action plans accelerating progress in FP unmet need reduction.





PHO I Dr. Lazaro welcomes the participants and partners for Health development



Identifying practices and capabilities for low & high performing municipalities on FP



Planning actions to reduce unmet needs on Family Planning



Prepared by:

**Eleanor Purisima**  
POPCOM Program Coordinator

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III

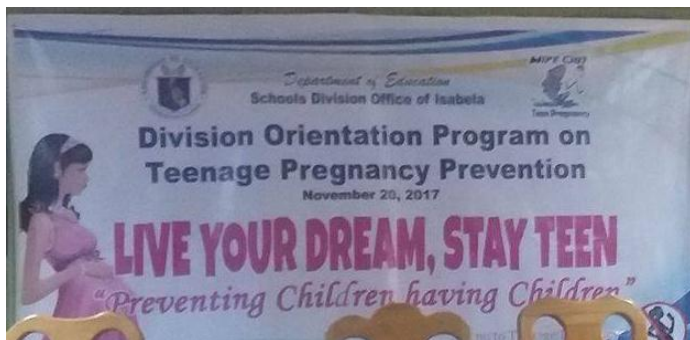


Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

***“LIVE YOUR DREAM, STAY TEEN”***  
***Preventing Youth from having Children***

Date: November 20, 2017

Venue: Department of Education, Schools Division Office of Isabela, City of Ilagan



The Department of Education Division of Isabela, in partnership with the Isabela Provincial Health office conducted the **TEENAGE PREGNANCY PREVENTION ORIENTATION PROGRAM** to all the Secondary School heads, guidance counsellors and school health personnel on November 20, 2017 at the

Schools Division of Isabela. The activity aims to address the increasing rate of teenage pregnancy in the province.

A total of 103 participated in the lectures delivered by the provincial coordinator who discussed the magnitude of teenage pregnancy in the province, contributory factors, consequences and prevention of teenage pregnancy. On the other hand, the Schools Division of Isabela talked about Guidance Counseling which aims to holistically promote student’s academic, social, emotional and personal development.



The Assistant Provincial Adolescent Health and Youth Development discusses the contributory factors, consequences and prevention of teenage pregnancy.



The DepEd awards  
a certificate of  
appreciation to the  
IPHO staff

Prepared by:

**ELEANOR B. PURISIMA**  
Program Coordinator

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III



Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

**“CONSULTATIVE MEETING AND COMPREHENSIVE ANALYSIS OF NCD Programs”**

Date: November 16-17, 2017  
Venue: Piazza Zicarelli, Gamu, Isabela

To effectively address the dreaded impact of non-communicable diseases(NCD) requires a multisectoral approach, as many of the risk factors originate outside the health sector. For decades, we have known that the context in which people are born, grow up, study, work, and age exerts much more influence over their health than their genes and health behavior.

In connection to this, the Department of Health Regional Health Office II – Non-Communicable Disease Cluster conducted a *Consultative meeting last November 16-17, 2017* at Piazza Zicarelli Hotel and Restaurant, Gamu, Isabela. Its aim is to discuss the directions and updates of the NCD cluster thru presentation of program accomplishments, updates, future activities as well as issues and gaps encountered.



The Nurse of DOH-RO2 lectures on the Health and Well-being of Older Persons and Mental Health Program.



Continuation of presentation on Non-communicable diseases (NCDs) and Regional Updates and Directions





IPHO’s Rural Health Physician, Dr. Marichu Manlongat present Isabela’s Non-Communicable Diseases 1<sup>st</sup>-3<sup>rd</sup> quarter data of 2017.



Ms. Diana Carla Kanapi, Nurse of Region II discusses the Lifestyle - Related Diseases program and NCD Reporting Forms.

Prepared by:

**DR. MARICHU MANLONGAT**  
Rural Health Physician

Checked by:

**RHODORA D. SANTOS, RN, MSN**  
*Administrative Officer III*





Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

***“Strengthening Partnership: TOGETHER, WE PROTECT LIFE”***

Date: November 15, 2017

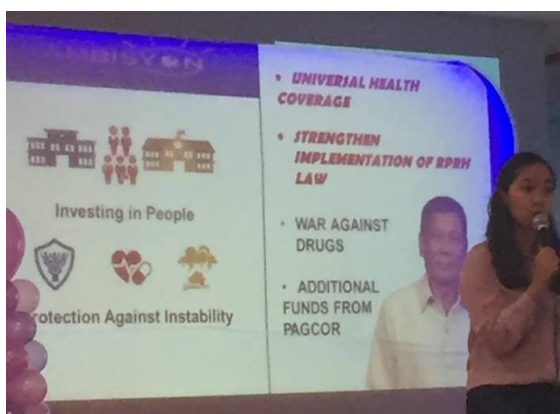
Venue: Our Lady of the Pilar Parish Pastoral Center Hall, Cauayan City

The Department of Health-Regional Office 02 is committed to attain Sustainable Development Goal #3: Good health and Well-being specifically its targets in reducing maternal and child morbidity and mortality and improve universal access to quality reproductive Health services.

With this, the DOH-RO 02 Family Health Cluster conducted a one-day *Public-Private Partnership Summit* with the theme: *“Strengthening Partnership: Together, we protect life”* on November 17, 2017 at Cauayan City, Isabela. This aims to solicit collaborative efforts from private partners and provide updates on the different programs under Family Health Cluster.

The MNCHN coordinators of the province were invited. Among the topics discussed were;

- Sustaining efforts in decreasing Maternal Deaths in the region,
- Achieving Orally fit child through the partnership with private midwives,
- Protecting the Newborn through the NBS program,
- PHIC packages for MNCHN,
- Implementing Mother and Baby-Friendly Hospital Initiative in facilities
- Executive Order No. 12 “ Attaining and sustaining ZERO UNMET NEED for Modern Family Planning though the strict implementation of the RPRH Law”
- POPCOM Programs and strategies
- Updates on National Immunization Program.



The Regional Coordinator for Family Planning Program talks about “Attaining and Sustaining ZERO UNMET NEED for Family Planning”



Participants from both public and private health facilities converge for the summit



The EPI coordinator of the province answers some issues on the Legal Management of Vaccines and Immunization activities



Pledging their commitments are our partners from the private and public sector.



Signing of the Pledge of commitment- a symbolic seal of Public-Private Partnership

Prepared by:

**ANNA KHAREN T. GUILLERMO, RN**  
Nurse II

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III



Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

**Physicians as Catalysts of Family Planning Program**

Date: November 14, 2017

Venue: IPHO-Field Health Services, Calamagui 2<sup>nd</sup>, City of Ilagan, Isabela

Our development partner LuzonHealth has developed an eLearning course entitled **“Basic Family Planning eLearning Course for Physicians”**, as part of its technical assistance in Family Planning Program. The newly designed course was introduced in the province of Isabela last August 15, 2017 during an orientation meeting which was attended by representatives from the Isabela Provincial Health Office (PHO), Provincial DOH office, Department of Health Regional Office (DOHRO) II and Southern Isabela General Hospital (SIGH). During the meeting, the IPHO was identified to play a critical role in its implementation, particularly in the pre-selection of participants among various health service providers in Isabela, evaluation of the participants’ course entry plan and monitoring of reproductive health-related activities.

As a follow- on activity, since the course was conducted among 16 out of 20 participants who were able to attend it on October 4, 2017 along with the SIGH training team, each participant is expected to submit an action plan which will be reviewed and approved by the Isabela IPHO. This action plan is one of the requirements in passing the course and which will serve as checklist during the Post-Training Evaluation (PTE) scheduled on December.



Mr. Alison Perez, LuzonHealth Project’s and RTI International Health System Advisor, together with the Program Coordinator facilitates in the review of action plans submitted online by the trained Physicians

Prepared by:

**MITZI CONCEPCION CARAMAT, RN**  
Nurse II

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III





Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

**“KALUSUGAN AT KALIGTASAN NI MOMMY AT BABY, ALAY NG RHU FAMILY”**

Date: November 13, 2017

Venue: Don Luis Cumigad Astrodome, District 1 Gamu, Isabela

The Rural Health Unit of Gamu, Isabela, in partnership with the DOH RO2, Provincial Health Office conducted the first-ever *Buntis Congress 2017* with the theme “**Kalusugan at Kaligtasan ni Mommy at Baby Alay ng RHU Family**” last November 13, 2017 at the Don Luis Cumigad Astrodome, District 1, Gamu, Isabela.

The objective of the momentous activity is to promote safe motherhood, child health and advocacy. Coordinators of the following programs were invited to enlighten mothers on vital topics such as Maternal Health, Family Planning, Dental Health/Oral Check-Up and Expanded Program on Immunization. The activity also paved the way to increase their involvement in the pregnancy tracking especially the teenagers, the importance of early detection of danger signs among pregnant women, and elicits commitment of Local Government Unit officials including the barangay officials and Health Workers thru creation of policies, ordinances or resolutions.



A Resource Speaker from the province discusses on Maternal and Child Health and Family Planning Programs of the Government.



The LCE of Gamu, RHU staff and Resource Speakers from IPHO-FHS and Provincial Dentists, take a snap from the camera.





Pregnant women line up for treatment of Oral Health Care from our Provincial Dentists



More than a hundred pregnant women signify their commitment to comply with the guidelines of Safe Motherhood and Child care.

Prepared by

**ANNA KHAREN T. GUILLERMO, RN**  
Nurse II

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III

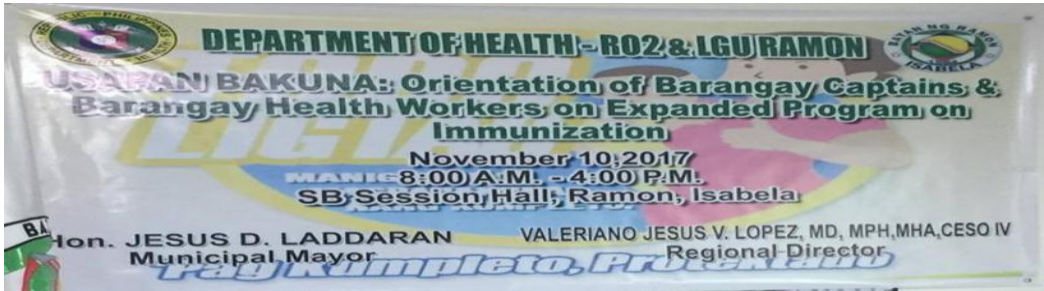


Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

“Kapit-kamay para sa Kaligtasan ni Nanay at Beybi”

Date: November 10, 2017

Venue: SB Session Hall, Ramon, Isabela



The Department of Health Region 02, together with the Provincial Health Office conducted the **Bantay Buntis sa Bawat Barangay (BBB)** and **USAPANG BAKUNA** Orientation to Barangay Captains and Barangay Health Workers on the Expanded Program on Immunization last November 10, 2017 at the SB Session hall, Ramon, Isabela.

Education is one of the strategies of health promotion focused on helping individuals learn and develop healthy practices in ensuring optimal health of Mothers and their newborn. This is a priority concern since they belong to one of the most vulnerable population in terms of health matters.

The activity aims at increasing their awareness and commitment to promote positive health seeking behaviors, involving not only this vulnerable group but also the whole barangay as well. This strategy entails engagement and full cooperation of local leaders who are instrumental to attain a better health system in the barangay. Since barangays are the basic unit of society that play a powerful force towards achieving success in any endeavor, political leaders must be provided with effective communication tool to keep them abreast with all relevant information for better health management among their constituents.



A picture of active partnership at all levels- DOH, Provincial Government and Local Government Unit of Ramon



DOH-RO2 Family Health Cluster Head gives update on the Expanded Program on Immunization.



Provincial DOH Developmental Management Officer V provides relevant information for better health management



The EPI coordinator of the province provides Technical Assistance and service to pregnant women of Ramon

Prepared by:

**IGNACIO B. PAGUIGAN**  
Health Education & Promotions Officer II

Checked by:

**RHODORA D. SANTOS, MSN**  
*Administrative Officer III*





Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

**“BE ON THE ROAD TO HALL OF FAME!”**

Date: November 9, 2017  
Venue: Fort Ilocandia Resort, Laoag City

The Department of Health today recognized Local Government Units, Government Offices and Hospitals implementing 100% tobacco-free environment through the **DOH RED ORCHID AWARD** held at Fort Ilocandia Resort, Laoag City on November 9, 2017.

The **RED ORCHID AWARDS** is the first of its kind in the world, in giving out recognition to cities, municipalities, government offices and health facilities that are strictly enforcing tobacco control measures.

For the Province of Isabela, the winners were chosen on the strength of their comprehensive efforts to implement a 100% Tobacco-free environment following the World Health Organization’s **“MPOWER”** initiative. MPOWER is an acronym that denotes the six proven tobacco control policies namely

- **Monitor** Tobacco use and prevention policies
- **Protect** people from Tobacco smoke
- **Offer** help to quit tobacco use
- **Warn** against the danger of tobacco
- **Enforce** bans on tobacco advertising
- **Raise** taxes on tobacco



Among those awarded were; Municipalities of Echague, Jones, San Mariano, San Mateo, Ramon and Cauayan City for the LGU category garnering a score of 91-100% for the Red Orchid Awardee and Cordon as Pink Orchid Awardee with a score of 90% below . For the Government Offices category, the Isabela Provincial Health Office also bagged the award garnering a score of 91-100%, 2<sup>nd</sup> timer and now a candidate for the category of **Hall of Famer** for 2018 including the Municipalities of Echague, Jones and San Mateo.



The certificate of Recognition now proudly hangs at the IPHO field office.



As candidates for 2018 HALL OF FAMER, the IPHO representatives happily receive the RED ORCHID AWARD 2017.





The IPHO team triumphantly smile as they receive the award.



Standing tall and proud are the RED ORCHID Awardees of Isabela.

Prepared by:

**EDGAR DELA CRUZ**  
HEPO II

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III



**Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN**

**Community Action for Enhanced Maternal & Newborn Care**

Date: November 9, 2017

Venue: Piazza Zicarelli Hotel & Restaurant, Upi Gamu, Isabela

The shift to Maternal Death Surveillance and Response ( MDSR ) from Maternal Death Review placed a greater emphasis on **Response**. The Provincial Review Team are now required to submit a report to the National Safe Motherhood Program of the Department of Health, on the details of the case reviewed and to include status of the Response implementation.

MDSR goes beyond reviewing the circumstances surrounding the death but more importantly it reviews all deaths' causes and what the LGU/government's interventions and responses were, as well as monitoring to determine effectiveness of interventions.

With this trend, a special orientation was called last November 9, 2017 at the Piazza Zicarelli Hotel and Restaurant, Upi, Gamu, Isabela attended by Municipal Health Officers and Chief of hospitals together with the provincial MDSR team. The purposes of the activity are:

- To discuss the overview of Maternal Death Surveillance and Responses (MDSR) and its objective is to have a full appreciation of the Maternal reporting and review protocol.
- To understand reasons of the shift from Maternal Death Review to MDSR as well as its process

MDSR is reviewing the roadway that lead to the death of a woman/newborn which includes investigation of the incidents in the community, from prenatal to postnatal and activities that might have led to the unfortunate event.



The MNCHN Coordinator discusses prompt submission of comprehensive maternal death report to the Isabela Provincial Health Office.



The Chief of MARDH tries to solicit commitment of every stakeholder for the implementation of the Response.



The Provincial DOH Officer Developmental Management Officer V facilitates the Planning of strategies in addressing health system’s gaps

Prepared by:

**ANNA KHAREN T. GUILLERMO, RN**  
Nurse II

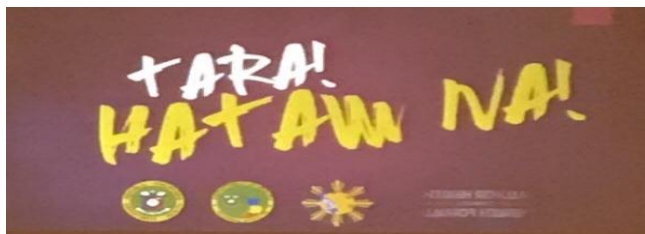
Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III



Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

***“Gumalaw, Sumayaw at Sali Na  
sa 1<sup>st</sup> Provincial Hataw Launching”***



Date: November 8, 2017

Venue: Amphitheater, Provincial Capitol, City of Ilagan, Isabela

Non-communicable diseases or NCDS are by far, the leading cause of death in the world, representing 63% of all annual deaths. In the province, based on the 2016 Vital Health Indices, NCD tops in the Ten Leading causes of Mortality ( Cardiovascular disease ) and no. 2 in the Top ten leading causes of Morbidity (Hypertension) .

To motivate individuals and groups of this fact, and prevent living a sedentary lifestyle that increases their risk for Non-communicable diseases as well as increase their knowledge and interests in physical activity and exercise, the Department of Health – Region II in coordination with the IPHO, launched the Provincial Hataw Exercise last November 8, 2017 held at the Amphitheater, Provincial Capitol, Ilagan, Isabela.

The activity was attended by 200 healthy lifestyle advocates from the cities and municipalities of Isabela.



As they register, nurses from the DOH RO2 and IPHO checks the vital signs of all participants





The DOH RO2 Medical Officer III/ NCD Cluster Head Lectures on Healthy lifestyle



A HATAW LEADER gives pointers and reminders to all before the actual HATAW DANCE EXERCISE



The Provincial HATAW launches MOVERS who take a leap and commit to a Healthy Lifestyle by doing a 50 minutes exercise: Warm-up, pre-cardio, cardio and the cool down workout in which everybody enjoys doing.



SONY Portable speakers for distribution to the municipalities/cities of Isabela for the implementation of the HATAW Exercise



The PGI's Provincial Administrator, together with the DOH-RO2 and PHO I during the turns-over of a portable speaker to one of the happy recipients, the coastal town of Divilacan.

Prepared by:

**MARICHU S. MANLONGAT,MD**  
Rural Health Physician

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III



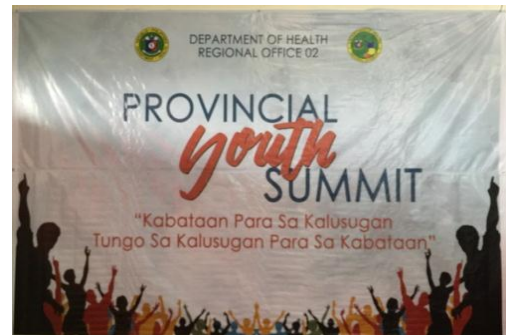
Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

***“KABATAAN PARA SA KALUSUGAN, TUNGO SA KALUSUGAN PRA SA  
KABATAAN”***

Date: October 24-27, 2017

Venue: Piazza Zicarelli Hotel and Restaurant, Upi Gamu, Isabela

Today’s generation of adolescent group faces leading health threats in their lives that affect their own views, characteristics, behaviors and aspirations that make them agents of their own development. Among these are accidents and other inflicted injuries, accidental drowning, HIV and other sexually related diseases, intentional self-harm, substance abuse and cigarettes to initiate sexual relationships at earlier ages, putting themselves at a higher risk for unintended pregnancies.



The Provincial Health Office in partnership with the Department of Health Region 02, conducted a Joint Regional and Provincial Youth Health Summit participated by Out-Of-School-Youth from LGUs with high cases of teenage pregnancy together with their guardians (Nurses Deployment Program) last October 24-27, 2017 for a total of 120 participants at the Piazza Zicarelli Hotel, Gamu, Isabela.

The activity aimed to provide healthy lifestyle and responsible sexuality and assist the youth to avoid early sexual engagement, teenage pregnancies, early marriages sexually transmitted infections and other psychosocial concerns.



Out-of-School Youth(OSY) from all over Isabela line up for registration for the Provincial Youth Health Summit.



The OIC PHO II warmly welcomes the excited youth on the 4-day Health Summit that promises interactive activities for their well-being





During the preliminaries of the program-  
“Getting to Know”.



The Rural Health Physician discusses  
Healthy lifestyle



The IPHO staff facilitates the “**TARA, HATAW NA! LAUNCHING**” with the sixty (60) minute Hataw Exercise!



Rev. Father Jomar M. Castañeda talks on  
spiritual wellness and reflection



The Provincial Dentist performs oral  
examination and fluoride application to the  
participants



An HIV Advocate of DOH-RO2 shares  
his story as a person living with HIV  
and further discusses facts and  
updates on STI/HIV-AIDS.



Selected youth gamely participate during the Role Playing on Getting to know the Pinoy Adolescent



The AHDP Focal Person of San Guillermo, Isabela facilitates the Commitment Tree “What makes me different to influence others”

Prepared by:

**ELEONOR B. PURISIMA**  
Population Program Officer III

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III





Republic of the Philippines  
PROVINCE OF ISABELA  
CITY OF ILAGAN

“TARA! HATAW NA”

Provincial Hataw Workshop

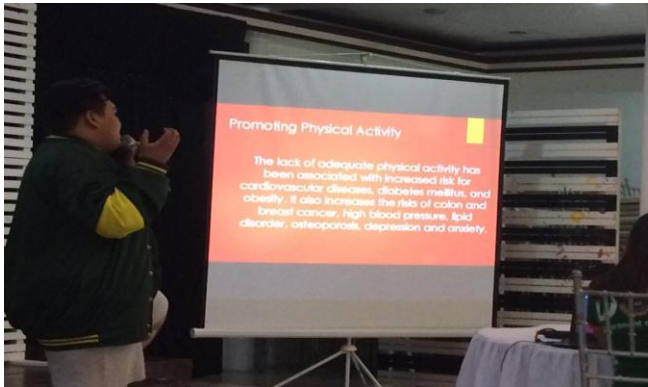
Date: October 3-5, 2017

Venue: Wilmer’s Hotel & Resort, Santiago City, Isabela



The Department of Health- Regional Office 2 strives to continue its effort to lower the incidence of Non-Communicable Diseases (NCDs) and promote Healthy Lifestyle in support to the Pilipinas **Go 4 Health Movement**, which entails *the four (4) strategies (GoSigla , Go Sustansiya, Go Smoke-Free and Go Slow Sa Tagay)* for the prevention and control of NCDs. Under the *Go Sigla* is the Hataw Exercise, which focuses on mobilizing the community people towards a healthier and more physically and active lifestyle. A big part of this project is the production of DOH-RO2 Hataw Exercise CDs that will be distributed in every municipality.

Hataw Exercise is the main activity which aims to identify and train potential health workers as Hataw Exercise Leaders/Movers in every municipality. They also discussed updates on non-communicable diseases and the importance of physical activities. Afterwhich, a 15 minute, 40 minute and 1 hour Hataw exercise was performed by the Hataw movers.



A Staff from the DOH Regional Office II-Tuguegarao City discusses updates on Non-communicable diseases and the importance of physical activities.



Return demo of a warm-up, pre-cardio, cardio and cool down workout by each group



Awarding of certificates for the newly trained Hataw Movers, who are expected to role -out in their own provinces.

Prepared by:

**PRECIOUS DIAN G. ABIQUI**  
Program Coordinator

Checked by:

**RHODORA D. SANTOS, MSN**  
Administrative Officer III