



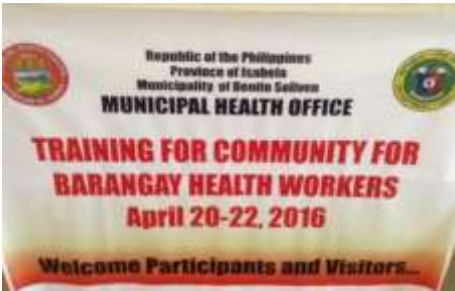
Republic of the Philippines  
Province of Isabela  
City of Ilagan

**OFFICE OF THE PROVINCIAL HEALTH OFFICER**

**“BHWs Hanggang Wakas!”**

Barangay Health Workers (BHWs) are one of the health’s front-liners who provide and deliver health care services to the members of the community. They provide assistance and support to the physicians, nutritionists, nurses and other health care providers and in delivering essential key messages.

Due to these complex and vital roles, there is a great need for them to undergo trainings and seminars in order to equip them with skills and knowledge for more effective and efficient health service delivery. As a result, last April 20 to 22, 2016, the BHWs of Benito Soliven had the opportunity to participate in the 3-day seminar/training conducted by the Municipal Health Office of Benito Soliven and supported by the Provincial Health Office – Field Health Services program coordinators.



The 3-day seminar for the Barangay Health Workers (BHWs) of Benito Soliven at Water World Grand Resort in Ramon, Isabela



The Sexually Transmitted Infection (STI) Provincial Coordinator presents to the BHWs the latest trends and updates on HIV/AIDS



Integrated Management on Childhood Illnesses (IMCI) Coordinator lectures participants on illnesses affecting children



BHWs and PHO – FHS coordinators exchange questions and clarifications during the interactive forum



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### **“BUNTIS PATROL: A strategy towards Maternal Death Reduction”**

The Department of Health –Regional Office 2 (DOH-RO2) conducted a 1 day orientation tagged as *BUNTIS PATROL*, an advocacy in the grassroots to prevent incidence of maternal as well as neonatal deaths in the entire region. As one of its stewardship roles, the Provincial Government of Isabela thru the Provincial Health Office joined the DOH in its conduct where barangay officials, barangay health workers including RHU staff attended. The orientation covers 4 municipalities in the province where local situation was presented which was made as a basis for barangay action plan.

With the presence and active participation of the local leaders, it is expected that it shall pave the way in increasing their involvement towards patrolling and tracking pregnant women especially the teenagers to empower them in seeking prenatal, early detection of danger signs and post-partum care that will significantly lead to reduction of deaths.



The MNCHN coordinator and HEPO II from PHO mentor the participants in making their action plan for Buntis Patrol at Tumauni, Isabela last April 19, 2016



The MHO of San Mariano greets the participants before the presentation of the local situation last April 22, 2016.



Interaction with barangay officials at Cauayan CHO 1 & 2 during the planning session last April 20-21, 2016





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### “FIGHT AGAINST FILARIASIS”

Filariasis is a chronic parasitic infection caused by thread-like parasitic filarial worms, which lodge in the nodes and vessels of the lymphatic system. The worms live for about 10 years producing millions of immature microfilariae that circulate in the blood.

Two filarial species exist in the Philippines:

- *Wuchereria bancrofti*
- *Brugia malayi*

Mosquito vectors:

- *Aedes poecilius*
- *Anopheles flavirostris* (same vector as Malaria)
- *Mansonia bonnea*
- *Mansonia uniformis*
- *Culex quinquefasciatus*

Due to the report received last February 10, 2016 from the City Health Office I, Cauayan City, Isabela regarding the case of Filariasis, the Provincial Government of Isabela thru the Provincial Health Office in coordination with Department of Health –Regional Office 2 jointly responded in terms of immediate investigation and provision logistics to prevent and contain the spread the vector borne disease.





Courtesy call to City Health Officer of CHO I at Cauayan City Isabela, City hall and investigation of the case with the DOH-RO2 headed by Regional Director and company last February 12, 2016



Conduct Vector Surveillance and IEC in the barangay by PHO staff last February 15-16, 2016



DOH Medical technologists, PHO and CHO staffs conduct blood survey in the affected barangay last February 16, 2016



DOH-RO2, Provincial Health Office and Barangay Officials perform Carabao Bait Trap last February 23, 2016





Distribution of Mosquito net/ treated curtains and fogging at  
Barangay Faustino, Nungnungan I, Minante 2 and Sillawit  
Cauayan City, Isabela  
March 1, 2016



The PHO Surveillance team receives logistics from DOH-RO2 for the nearby  
barangay of Nungnungan 2, Cauayan City last March 7, 2016



Distribution of mosquito nets at 4 barangays of Nungnungan 2, March 16, 2016



Environmental Monitoring and Measuring of school windows and doors in the different elementary schools in the nearby barangays of the case for treated curtains to be distributed last March 11, 2016





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### Go4Health Movement for Hataw Exercise Workshop

Lifestyle Related Diseases are considered a major health concern worldwide. Major risk factors are excessive alcohol intake, smoking cigarette, unhealthy diet and physical inactivity.

As part of its continuing efforts to effectively practice healthy lifestyle, the Department of Health-Regional Office II strengthens advocacy on healthy lifestyle to reduce the burden of Non-communicable Diseases through the *Go4Health Movement*. The objectives of this activity are: to equip the health officers / workers from selected LGUs with the knowledge and skills to apply physical activity, conduct the roll-out training on the HATAW EXERCISE among LGU implementers and provide technical assistance to LGUs in strengthening physical activity. *Go sigla* which promotes physical activity focuses on the basic ways in prevention and control of lifestyle- related Diseases.



In the province of Isabela, lifestyle-related diseases such as Cardio vascular diseases, Hypertension, Cancer, Pulmonary diseases are among the leading causes of mortality. With this, the PHO implements measures to combat such lingering conditions with the active participation of three(3) nurses who attended the **Hataw Exercise Workshop** conducted at Orquidia Beach Resort and Hotel, Sta. Ana, Cagayan last April 25-29, 2016.

One of the Isabela delegates introduces self and levels off his expectations on the *Hataw Exercise workshop*.



The participants gamely execute the preliminary stretching moves



The dancing guru leads the HL MOVERS in filming the physical activity at Anguib beach, Sta. Ana, Cagayan, as a final output for roll out purposes to the different LGUs of the participating municipalities of Region 2

The Healthy Lifestyle MOVERS poses with the Asst. Regional Director of DOH Region 2





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### Maternal Death Review: A Key to Save Future Mothers and Newborns

In celebration of the Safe Motherhood Month this coming May, a Maternal Death Review (MDR) for the Province of Isabela was conducted last April 27, 2016 at Gov. Faustino N. Dy Memorial Hospital which reviews the 1st quarter of 2016 deaths. The said review was attended by Dr. Rosa Rita B. Mariano, PHO II, Dr. Arlene Lazaro, PHO I, Provincial Maternal Death Review panelists headed by Dr. Melchor Dela Cruz, FPOGS, and Dr. Ves Ramones, FPOGS, DOH representatives, Private OB-Gyne Practitioners, AMHOP & MNCHN team and concerned RHU nurses and midwives.

Moreover, the review aims to identify major medical, non-medical causes; delays that contributed at various levels; formulate a municipal plan of action to address the identified causes and gaps; Institutionalize improvements in the Health Delivery System; and analyze and consolidate output to improve MCH program implementation.



Dr. Rosa Rita B. Mariano delivers her opening remarks during the Maternal Death Review for the 1<sup>st</sup> quarter of 2016

One of the PHO MNCHN Coordinators presents the MCH Accomplishment for 2015







Presentation of cases for review by the respective MHOs.



The Provincial Maternal Death Review Committee (PMDRC) together with other health workers critically evaluates the cases presented.



Presentation of the synthesis and next steps by one of the PHO team after intensive evaluation of all cases



A member of the PMDR Committee delivers the closing remarks



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**Local Health Governance at Its Best!**

As a testimony of their steadfast commitment to the delivery of health services in the municipality, the local government of San Mateo cordially invited the Provincial Health Office Field Health staff to provide health updates and orientation to the RHU staff last April 26-27,2016.

The 2-day orientation aims to update and better improve the skills as well as attitudes of all health workers in performing their tasks such as breastfeeding program including breast exam and updates on the TB DOTS. After the update, the Health Program Implementation Review proceeded.



The Provincial TB Coordinator talks over to the group the National TB Program of DOH



The energetic RHU staff listens attentively during the 2 day Orientation Program



The Provincial Nutrition Coordinator after her lecture on the updates of breastfeeding poses with the RHU staff for her Certificate of Appreciation