



"Rabies 101"



Rabies is acute fatal encephalitis with no effective cure but is preventable by immunization. In the Philippines, rabies continues to be an endemic disease despite the availability of effective and safe vaccines. It comes under the category of communicable diseases and is transmitted by farm or wild animals; usually carnivores such as dogs, cats, and raccoons. It is classified under zoonotic diseases (zoonotic means pertaining to animals).

The Our Lady of the Pillar College – Cauayan College of Nursing and Midwifery has conducted a seminar with regard to the intensive nursing practice which concentrated on communicable diseases. The event was held at the ***Our Lady of the Pillar College- Cauayan*** gymnasium on the ***3rd day of February 2015*** and was attended by the nursing and midwifery students. It was also participated by the College of Education and College of Hotel and Restaurant Management who are currently taking their health education subjects.

Open forum addressing misconceptions regarding management of rabies.



Mr. Edwin R. Melad Jr, Public Health Nurse and Alternate Provincial Rabies Coordinator-Integrated Provincial Health Office- Field Health Services was invited to be the resource speaker in Communicable Disease Awareness Seminar “Rabies: What it is?” which aims to:

1. Disseminate the essential preventive elements in communicable diseases specifically rabies,
2. General nursing care and actions first taken in incident of animal bite,
3. Prevention and control aspects of contracting the disease,
4. General information about rabies,
5. Review of the incidents rate, reason and goal of the Provincial Rabies Program and finally exchanged thoughts through an open forum activity.



Awarding of Speaker's Certificate, Token of Appreciation to Edwin R. Melad Jr, given by Ruby D. De Luna, RN, RM, MAN – Dean College of Nursing and Midwifery together with Judith L. Villanueva, RN, MSN - Clinical Coordinator.

The Resource Speaker provided a short film viewing in relation to how and what happen to individuals who contracted the infection. It did become an eye opener to each of the individual either pet owners or not, that there will never be an exemption on the possible manifestations that might probably occur as the virus invades the body.

“Innovation for Malaria Reporting”

Provincial Health Office – Field Health Services under the exemplary leadership of **Dr. Rosa Rita B. Mariano, Provincial Health Officer II** and **Dr. Arlene M. Lazaro, Provincial Health Officer I** in collaboration with *The Movement against Malaria* conducted a conference regarding Guidelines in implementation of the modified *Philippine malaria Information System (Philmis 3)* Recording and Reporting of Malaria Cases and Vector Control Activities held at **Piazza Zicarelli Hotel and Restaurant** last **February 3, 2015**. This event was attended by all RHU malaria point persons from various municipalities.



Dr. Rosa Rita B. Mariano, Provincial Health Officer II ... saying “Isabela won’t be complete without these reports so we must act our part”.



Mr JoeNeil Dizon, project officer of the movement against Malaria giving the introduction

This activity aims to assist the Department of Health to achieve,

- (a) competently informed planning, implementation, monitoring and evaluation of the malaria program through the production of computerized data,
- (b) standardized collection of malaria data using the same reporting and recording forms,
- (c) generation of quality data,
- (d) easy retrieval of malaria indicators and
- (e) Prompt reporting system that addresses delays in generating required local malarial information



The Malaria Point persons of the twenty – four (24) municipalities listen during the meeting.



Eleven (11) Field Assistant workers for Malaria as well as Dengue Program attend to the re-orientation last Friday, February 6, 2015 at the DOH Provincial Office for Isabela. Mr Leoncio Pagaduan, Provincial DOH Region 2 coordinator for Malaria, Dengue, EPI and TB with the Provincial Malaria Program Coordinator Ms. Dolores Lorenzo assist during the meeting with inputs from Provincial Health Officer I Dr. Arlene M. Lazaro.



Mr. Amanchito Baccay, Provincial Sanitation Inspector and Mr. Pagaduan test their mathematical skills as they practice Olyset net allocation for distribution to schools with Dengue cases.

School Hopping on Health & Youth Advocacy – Part 2

GAMU, ISABELA – Another round of school awareness campaign at Gamu Rural School Annex last February 6, 2015 was conducted which garnered 186 participants from 3rd and 4th year High school along with their advisers. This is a continuous activity which aims to guide the youngsters through earnest encouragement and proper education for community and national development. As unique individuals, they have their own views, characteristics, behaviors and aspirations that make them agents of their own holistic development.

Sexual reproductive health and full enjoyment of the associated human rights are the very heart of adolescent's transition to adulthood. They play vital parts throughout life in adolescent's identity, health, well-being and personal fulfillment. The choices and decisions that today's adolescents and youth make about their sexuality, intimate relationships, marriage and childbearing will critically influence whether or not they can take full advantage of opportunities for education, employment and political participation.

In line with this, the Provincial Health Office conducted a school hopping activity focusing on Adolescent Health and Youth Development and the Prevention of STI/HIV-AIDS last **January 21, 2014 at Gamu Rural School, Gamu, Isabela**. This activity aims to promote healthy lifestyle and responsible sexuality and assists the youth to avoid early sexual engagement, teenage pregnancies, early marriages, sexually transmitted infection, HIV/AIDS and other social concerns.



High School students along with their adviser paying attention during series of lecture on Teenage Pregnancy

Mr. Felino R. Corpuz, Gamu Rural School Principal, during his welcome message



Ms. Agnes C. Lelina, Prov'l STI/HIV-AIDS Coordinator on the Prevention of STI.



Resource speakers from the Provincial Health Office were warmly welcomed by the school's principal, **Mr. Felino R. Corpuz** along with the advisers and other school personnel. The said activity was actively participated by 3rd year and 4th year High School students with a total number of 314. The situation on the incidence of teenage pregnancies here in our province was first presented followed by a lecture on Teenage Pregnancy and lastly, the Prevention of STI/HIV-AIDS. The symposium lasted for about 2 hours and the school personnel as well as the students were very grateful for having this kind of activity.



Gamu Rural School workforce together with the PHO Staff.

“GO 4 Health”

The Provincial Health Office – Field Health

Services under the active leadership of **Dr. Rosa Rita B. Mariano PHO II** and **Dr. Arlene M. Lazaro PHO I** once again had its share in hosting the Flag Raising Ceremony which was held at **Provincial Capitol Alibagu, City of Ilagan, Isabela** last **Februray 9, 2015**. In line with this activity we are also fostering the “HEART and ORAL MONTH” health celebration.



Dr. Arsen Benozza, Provincial Health Dentist II, gives update on the provincial dental activities for the ORAL HEALTH MONTH CELEBRATION.



Dr. Marichu Malongat, Provincial Medical Coordinator, discusses about healthy lifestyle and gives health tips on how to prevent certain diseases.

We have the theme ***“GO 4 HEALTH”*** which stands for GO SLOW sa TAGAY, GO SMOKE Free, GO SUSTANSYA, and GO SIGLA”. This health program aims to persuade everyone to become watchful and vigilant with their health since most of the illnesses occurring now a days are lifestyle related diseases. In relation to this we are also celebrating ORAL HEALTH MONTH with the theme *“Nakangiti ang kinabukasan kapag ngipin ay Pinangangalagaan”*, which aims to empower and encourage everyone to take care of their own personal oral health for an enhanced quality of life.



Victoria C. Ocampo and Michelle R. Pardo, Public Health Nurses, act as emcees of the program.



Atty. Noel Manuel R. Lopez, Provincial Administrator and Mr. Jimmy Rivera actively participates in the “hataw” exercise

As a part of our unending dedication we will constantly educate the public with the appropriate knowledge on how to achieve optimum wellness by means of living a healthy lifestyle through proper weight management, eating the right amount of food observing a balance diet, and involvement in physical activities which will enhance the body’s strength and endurances.



Dr. Arlene M. Lazaro Provincial Health Officer I energetically performs the hataw exercise together with the PHO staff

“OLYSET on the Loose for Dengue Control Program”



CAUAYAN CITY, ISABELA – In full recognition of the dreadful effects of Dengue Hemorrhagic Fever among children, the Provincial Government of Isabela through the Provincial Health Office remains relentless as they acknowledged bundled rolls of insecticide-treated curtain called **Olyset** from the DOH-Region 02 in its battle against Dengue. With this development, the PHO with **Dr. Arlene Lazaro, Provincial Health Officer I** facilitated the transfer of the material to LGU-Cauayan City under the dynamic leadership of Hon. Bernard Faustino M. Dy, City Mayor, the SP members through its City Health Office II headed by **Dr. Pinky A. Purruganan** last **February 10, 2015** for distribution in three (3) elementary schools.

Olyset, the insecticide-treated curtain, is used particularly in schools since the most affected age groups are schoolchildren. Once placed in the windows, it shall serve as a screen preventing entry of the Aedes Egypti mosquito which upon contact, the curtain repels or kills them rendering a healthy school environment.



Mayor Bernard M. Dy leads the distribution of Olyset in Mabantad North Elementary School together with Dr. Lazaro from PHO, Dr. Purruganan from CHO II and the School Principal.

To date, a total of 15 elementary schools now enjoy the benefits of the insecticide-treated curtains while actively taking part of the different learning opportunities offered by their teachers.



Mayor Dy instructs the School Principal on how the Olyset can be used as a screen to protect entry of mosquitos.



GRIN of HAPPINESS. The school personnel with Mayor Dy, City Councilors, Dr. Lazaro and Dr. Purruganan at Maligaya Elementary School.



The pupils of Villaluna Elementary School wear a big smile as they joined Mayor Dy, the City Councilors, health workers and school personnel.

“Public-Private Partnership (PPP): An Initial Roadmap for Better Health for the Youth”

CITY OF ILAGAN, ISABELA- The adage which states, “The youth is the hope of our fatherland” remains as the marching watchword which steers much interest and commitment from organizational sectors of our society. As a result of the various political and social issues existing in our midst that directly affect the behaviors of our youth, the spirit of hope seems bleak unless appropriate and collaborative interventions are instituted.



As the lead agency on matters pertaining to health, the Provincial Health Office took once again a bold step to establish and create a partnership with WWF-USAID, a non-government organization currently based in City of Ilagan whose operation is largely centered on Environmental Preservation /Protection and Adolescent & Youth Development since this age group play critical roles to safeguard Mother Nature.



Ms. Purisima, Adolescent & Youth Dev.Coordinator from PHO provides the situationer to Mr.Caraan and the rest of the PHO team.



Strongly sharing the same ideals that advocacy is vital for the youth to overcome crucial issues such as teenage pregnancy that hinder attainment of their full potential, WWF with its Project Manager, Mr. Luis S. Caraan initially gave their support for the production of advocacy materials bearing key messages on Adolescent Health.

Catching the interest of Dr. Lazaro, PHO I and Ms. Vanessa Carriedo, IEC Consultant of WWF during the brief presentation.

The brief meeting was presided by Dr. Arlene M. Lazaro, Provincial Health Officer I who underscored that due to the limited resource of the province, there is a great need to forge linkage with private agencies with similar vision & goals in the promotion of optimal health last **February 11, 2014** at the **Provincial Health Office – Field Health Services, City of Ilagan, Isabela**. After a series of discussions from the Health Promotion Officers and program coordinators, it culminated with a productive output as plans were laid down and activities were identified by both parties to be implemented in the coming months.



This initiative came into fruition as a continuation of the large scale advocacy effort initiated last year by the PHO team in six secondary schools province-wide identified as priority for their increase incidence of teenage pregnancy.

Meanwhile, to our dear young Isabelenos, brace yourselves with the upcoming exciting events that will surely bring joy and meaning to your youthful mood!

Mr. Caraan expresses his views regarding the multi causes of teenage pregnancy and the power of advocacy materials in reducing its incidence.